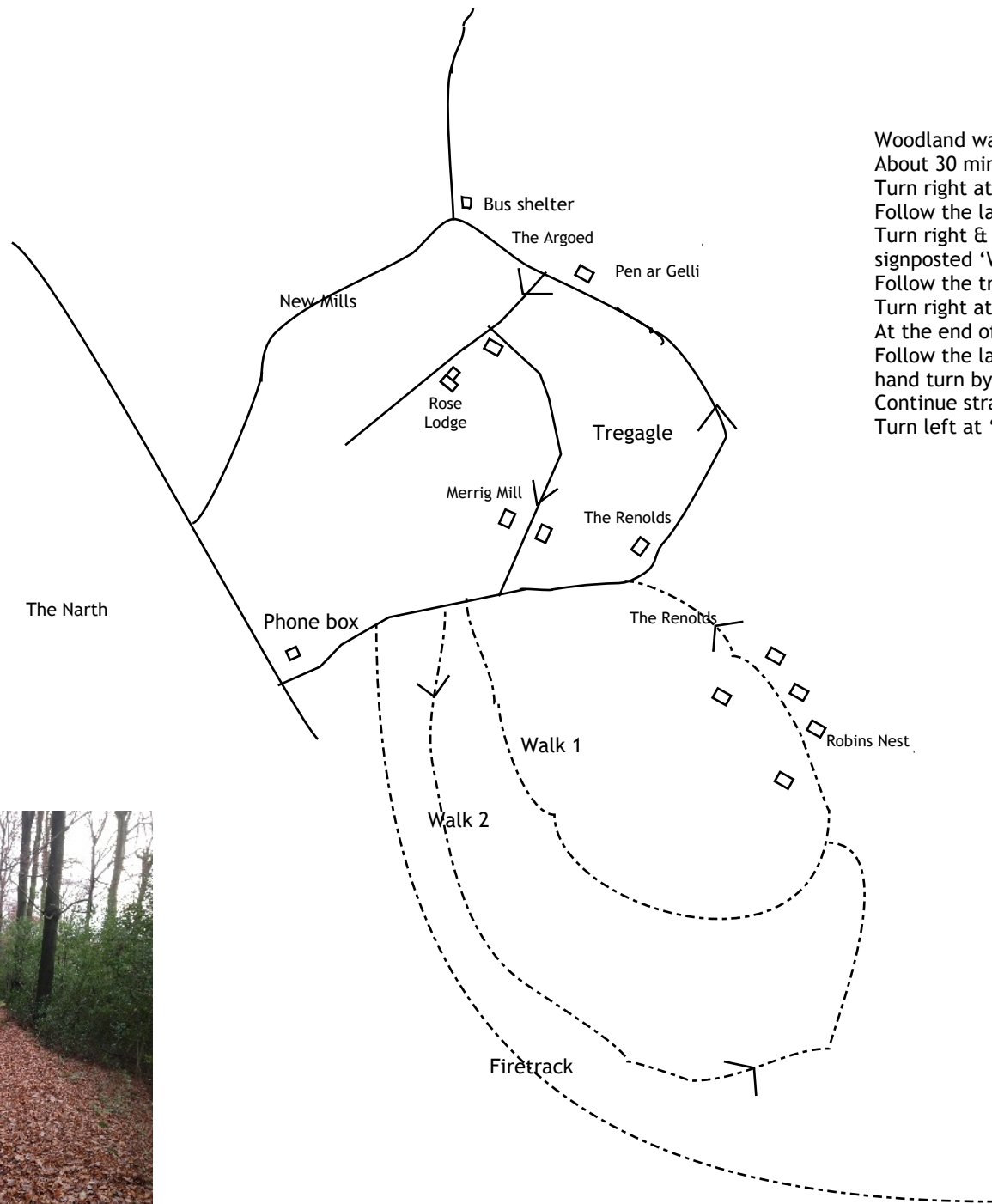


**Rose Lodge  
Woodland walk 1**

A short walk - about 20 mins

Turn right at the end of the lane, leaving Rose Cottage on your RHS  
 Follow the lane to the end  
 Turn right & then take your first left into the woods after the fields.  
 Follow the track down keeping the fields immediately on your LHS.  
 At the end of the track turn left onto the lane.  
 Follow the lane past cottages on both sides until you come to a left hand turn by 'The Renolds'.  
 Turn left & then right & follow the lane back home.





### Woodland walk 2

About 30 mins

Turn right at the end of the lane, leaving Rose Cottage on your RHS

Follow the lane to the end

Turn right & then take your second left into the woods after the fields, signposted 'Whitebrook'.

Follow the track down almost to the wider gravel 'fire track' and back up again.

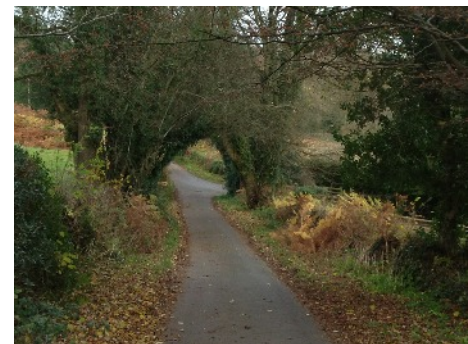
Turn right at the top onto the track from Walk 1.

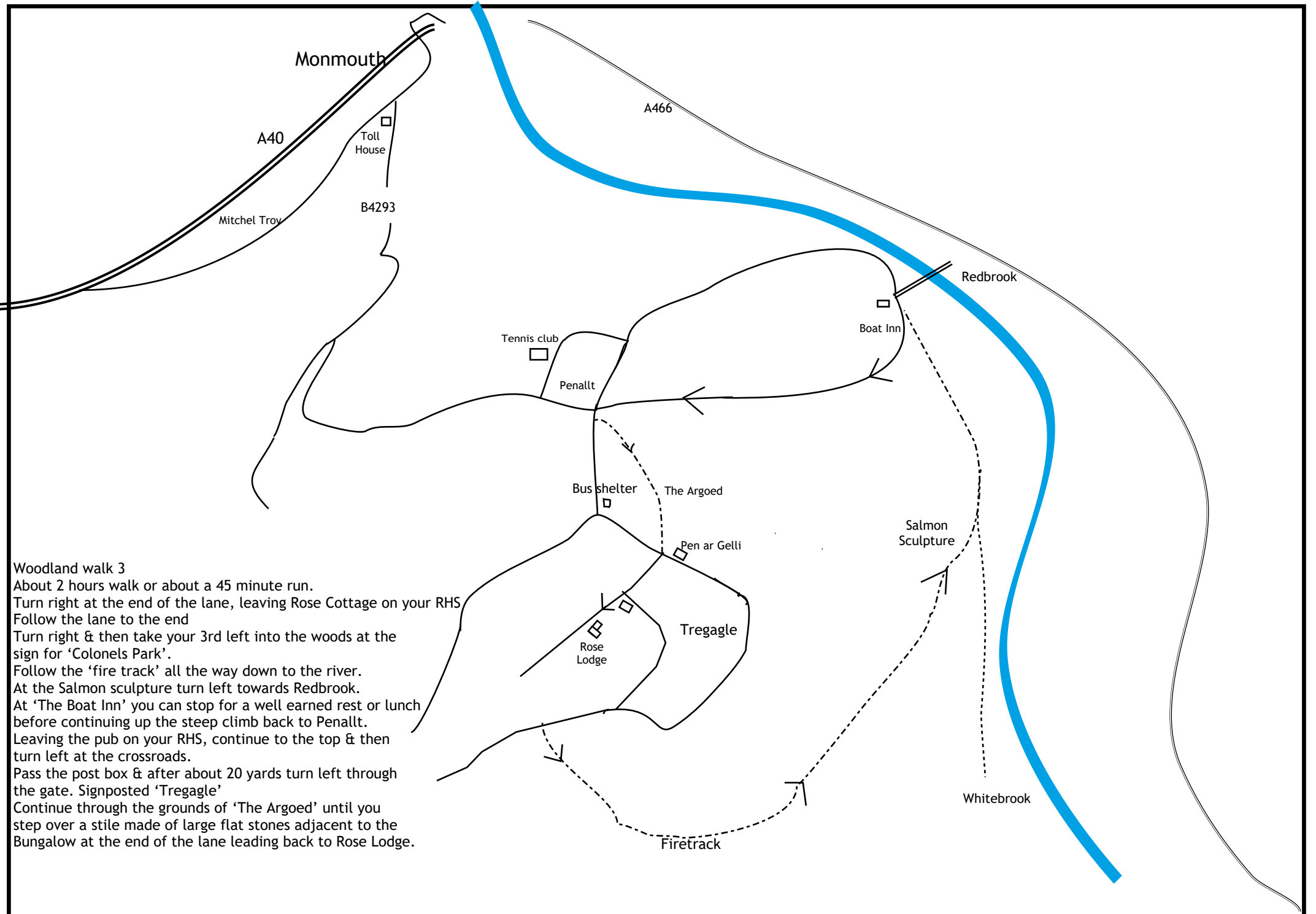
At the end of the track turn left onto the lane.

Follow the lane past cottages on both sides until you come to a left hand turn by 'The Renolds'.

Continue straight on leaving 'The Renolds' on your LHS.

Turn left at 'Pen ar Gelli' bungalow back home.





**Woodland walk 3**

About 2 hours walk or about a 45 minute run.

Turn right at the end of the lane, leaving Rose Cottage on your RHS

Follow the lane to the end

Turn right & then take your 3rd left into the woods at the sign for 'Colonels Park'.

Follow the 'fire track' all the way down to the river.

At the Salmon sculpture turn left towards Redbrook.

At 'The Boat Inn' you can stop for a well earned rest or lunch before continuing up the steep climb back to Penallt.

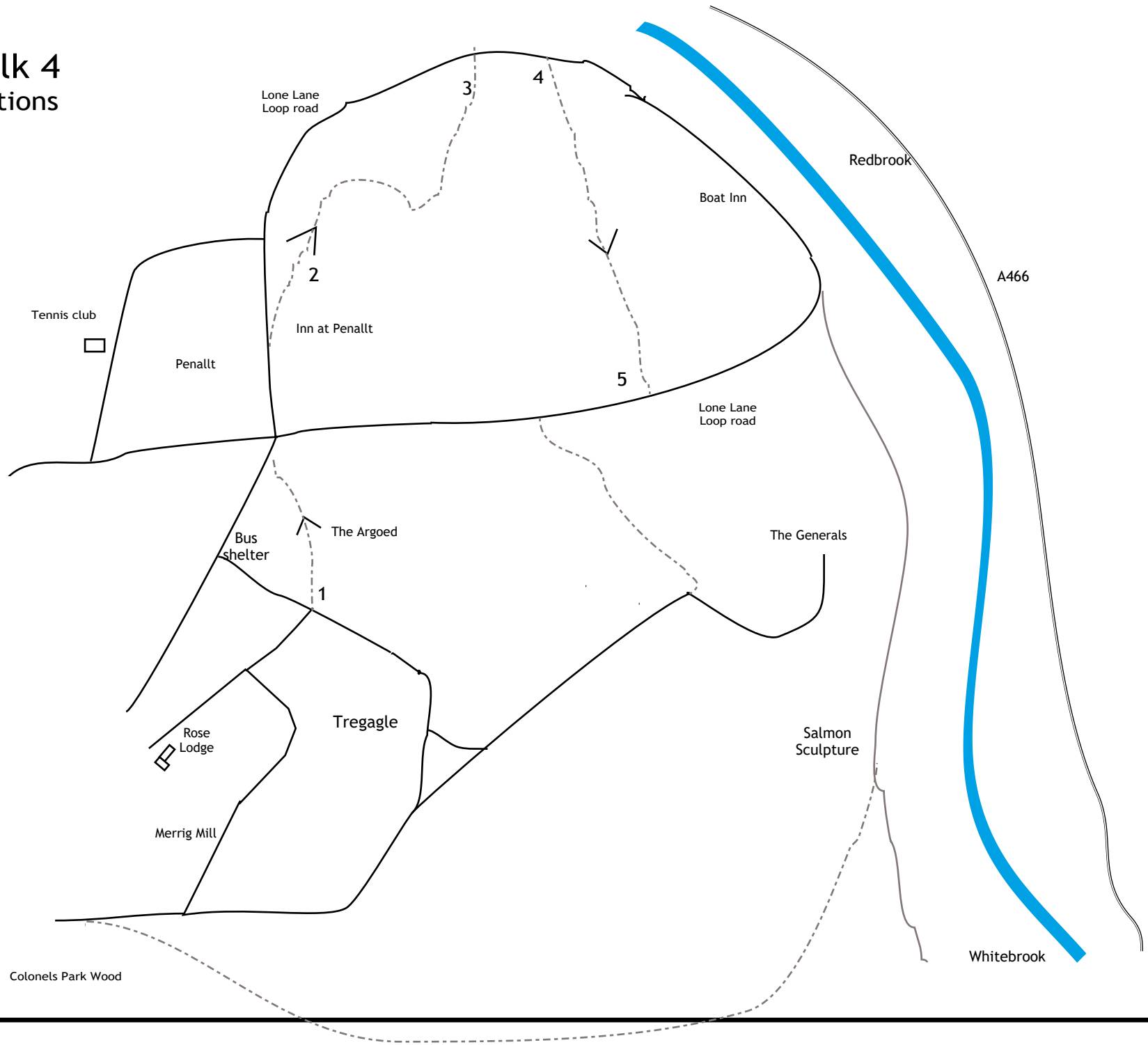
Leaving the pub on your RHS, continue to the top & then turn left at the crossroads.

Pass the post box & after about 20 yards turn left through the gate. Signposted 'Tregagle'

Continue through the grounds of 'The Argoed' until you step over a stile made of large flat stones adjacent to the Bungalow at the end of the lane leading back to Rose Lodge.

# Woodland Walk 4

+ written instructions



## Rose Lodge

### Woodland walk 4 + map + OS map

This is a lovely walk with lots of options depending how long you want it to take, just vary it to suit.

A good 2 hours walk if you take the shortest route at point '5' up Lone Lane & back through the grounds of 'The Argoed'. If you stop for lunch you could be out most of the day!

You will need to take the OS map.

Go straight on at the end of the lane, leaving Rose Cottage on your RHS  
Follow the lane to the end.

1 - go over the stone stile (Pen ar Gelli bungalow on right), signposted 'Cross Vane', Keep to the LHS of the owner's land & follow the narrow path through the 'Kissing gate'. Continue straight on through the grounds of 'The Argoed', through another 'Kissing Gate', over a wooden stile & exit onto the road.

Turn right through the village (don't go down Lone Lane) & follow the road until you reach the Cenotaph & bear right for the pub.  
Keep to the LHS above the pub & follow the track into 'The Wildlife Trusts, *Natur Gwent*'.

2 - Go through the gate at the sign for 'Glyn Road'. Follow the Oak leaf signs zig zagging down through the fields until you see a farm & a white house.

3 - Bear right in this field, not straight on as signposted, you will see a gate at the bottom of the field with a Monmouthshire County Council yellow arrow. Go through this gate & the next exiting onto Lone Lane.

4 - Continue a short distance down Lone Lane until you see a sign on the RHS 'Lone Lane'. Follow this path through the woodland & on to Lone Lane at the opposite side of the loop.

5 - At this point there are several options:-

- Turn right & walk the steep climb up Lone Lane back to the village; or
- Turn left & walk to the 'Boat Inn' & then back along the river to the Salmon sculpture & follow the gravel fire road back to Tregagle. Turn right at the barrier at end of the track onto the road and then left after the fields back up to Rose Lodge; or
- Turn left & then right after a short distance through a metal gate above a property, keep the property to your LHS & follow the path down the steep steps to the river, turn right & follow to the Salmon sculpture as above; or
- Turn right & after a short distance you will see a footpath sign on your LHS to 'Tregagle', follow this through the fields over several stiles until you exit onto the lane at the lower part of Tregagle, follow this back to the Tregagle loop road back to Rose Lodge.

# Rose Lodge

## Woodland walk 5 - some short steep sections

About 1 ¼ hours walk, 10,000 steps approx.

Turn right at the end of the lane, leaving Rose Cottage on your RHS.

Follow the lane to the end.

Turn right & then take your 3rd left into the woods at the sign for 'Colonels Park'.

Go through the barrier, down the fire track & take your first right.

Continue down through the timber 'walkthrough' on your LHS, down the short steep section.

Keep stream on your RHS.

At 'Kingfisher Cottage' bear left up through steel barrier.

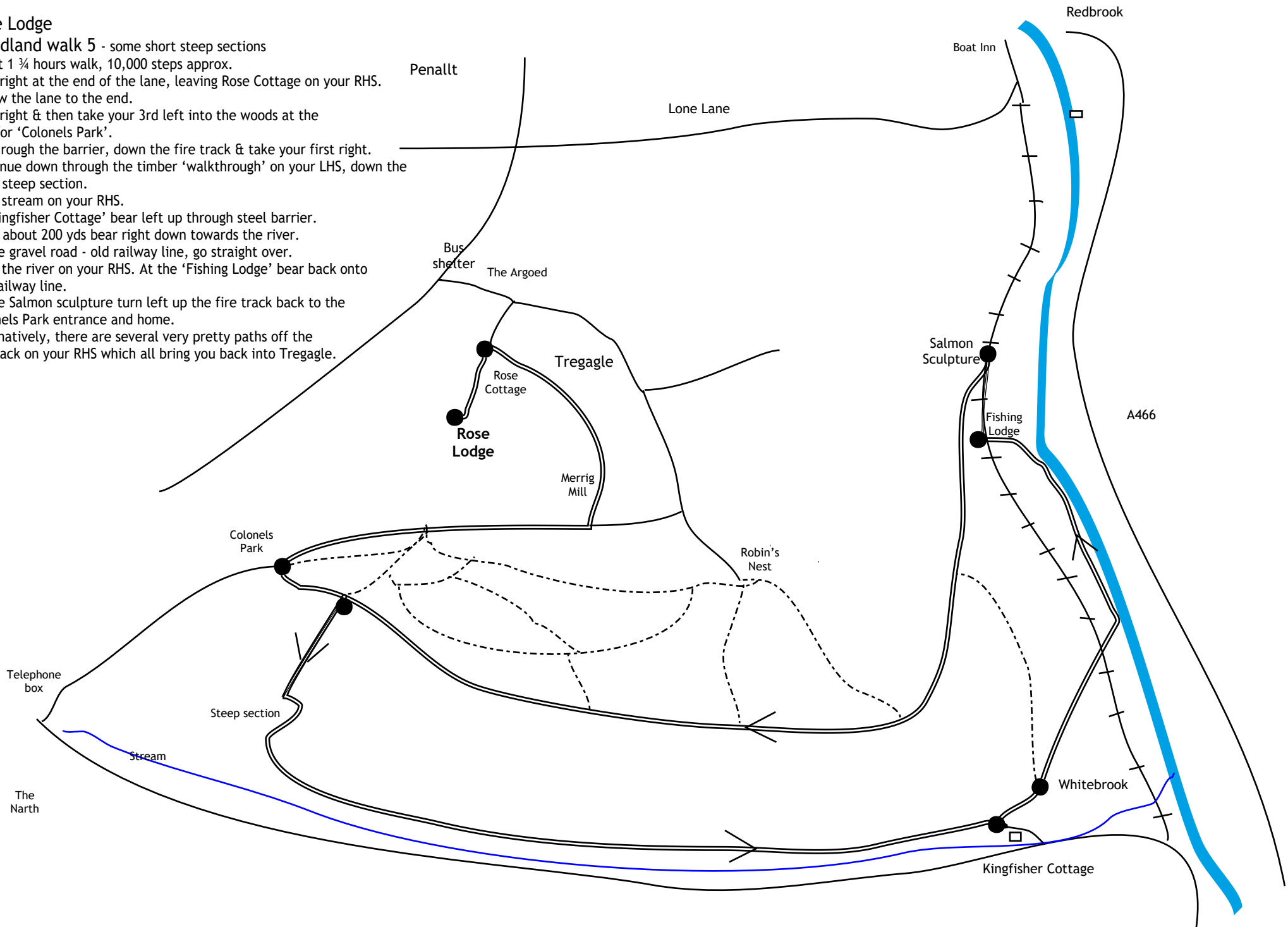
After about 200 yds bear right down towards the river.

At the gravel road - old railway line, go straight over.

Keep the river on your RHS. At the 'Fishing Lodge' bear back onto the railway line.

At the Salmon sculpture turn left up the fire track back to the Colonels Park entrance and home.

Alternatively, there are several very pretty paths off the firetrack on your RHS which all bring you back into Tregagle.



## Rose Lodge

### Woodland walk 6 - some short steep sections

About 1 ½ hours walk, 8,700 steps approx.

Turn right at the end of the lane, leaving Rose Cottage on your RHS.

Follow the lane to the end.

Turn right & then take your 3rd left into the woods at the sign for 'Colonels Park'.

Go through the barrier, down the fire track & take your first or second right (less steep).

Continue down through the timber 'walkthrough' on your LHS, down the short steep section.

Keep stream on your RHS.

At 'Kingfisher Cottage' bear left up through the steel barrier.

After about 200 yds bear left and follow until you meet the firetrack.

Turn left up the firetrack to the Colonels Park entrance and home.

Alternatively, there are several very pretty paths off the firetrack on your RHS which all bring you back into Tregagle.

